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## **Patient Instructions for TEE Testing at NCH**

- 1. NO FOOD OR BEVERAGES for 12 hours prior to procedure.
- 2. DO NOT TAKE MEDICATIONS the morning of the test. BRING THEM WITH YOU.
- 3. Drink plenty of WATER the night before. DO NOT DRINK ANY WATER THE DAY OF THE TEST.
- 4. Plan to be there for approximately 2-2 ½ hours.
- 5. Make sure that you arrange for someone to take you to the test and bring you home.
- 6. You will also need someone to stay with you for 12 hours.
- 7. Please call the office at (239) 261-2000 if you have any questions.
- 8. Once you arrive at Admitting, you may be sent for blood work to include a PT.